

# A category theory primer

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## 1 Categories, functors and natural transformations

Category theory is a game with objects and arrows between objects. We let  $\mathbb{C}$ ,  $\mathbb{D}$  etc range over categories.

A category is often identified with its class of objects. For instance, we say that **Set** is the category of sets. In the same spirit, we write  $A \in \mathbb{C}$  to express that  $A$  is an object of  $\mathbb{C}$ . We let  $A, B$  etc range over objects.

However, equally, if not more important are the arrows of a category. So, **Set** is really the category of sets and total functions. (There is also **Rel**, the category of sets and relations.) If the objects have additional structure (monoids, groups etc.) then the arrows are typically structure-preserving maps. For every pair of objects  $A, B \in \mathbb{C}$  there is a class of arrows from  $A$  to  $B$ , denoted  $\mathbb{C}(A, B)$ . If  $\mathbb{C}$  is obvious from the context, we abbreviate  $f \in \mathbb{C}(A, B)$  by  $f : A \rightarrow B$ . We will also loosely speak of  $A \rightarrow B$  as the type of  $f$ . We let  $f, g$  etc range over arrows.

For every object  $A \in \mathbb{C}$  there is an arrow  $id_A \in \mathbb{C}(A, A)$ , called the identity. Two arrows can be composed if their types match: if  $f \in \mathbb{C}(A, B)$  and  $g \in \mathbb{C}(B, C)$ , then  $g \cdot f \in \mathbb{C}(A, C)$ . We require composition to be associative with identity as its neutral element.

Every structure comes equipped with structure-preserving maps, so do categories, where these maps are called *functors*. Since a category consists of two parts, objects and arrows, a functor  $F : \mathbb{C} \rightarrow \mathbb{D}$  consists of a mapping on objects and a mapping on arrows. It is common practise to denote both mappings by the same symbol. We will also loosely speak of  $F$ 's arrow part as a 'map'. The action on arrows has to respect the types: if  $f \in \mathbb{C}(A, B)$ , then  $Ff \in \mathbb{D}(FA, FB)$ . Furthermore,  $F$  has to preserve identity,  $Fid_A = id_{FA}$ , and composition  $F(g \cdot f) = Fg \cdot Ff$ . The force of functoriality lies in the action on arrows and in the preservation of composition. There is an identity functor,  $Id_{\mathbb{C}} : \mathbb{C} \rightarrow \mathbb{C}$ , and functors can be composed:  $(G \circ F)A = G(FA)$  and  $(G \circ F)f = G(Ff)$ . This data turns small categories and functors into a category, called **Cat**.<sup>1</sup> We let  $F, G$  etc range over functors.

Let  $F, G : \mathbb{C} \rightarrow \mathbb{D}$  be two parallel functors. A *natural transformation*  $\alpha : F \rightarrow G$  is a collection of arrows, so that for each object  $A \in \mathbb{C}$  there is an arrow

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<sup>1</sup> To avoid paradoxes, we have to require that the objects of **Cat** are small, where a category is called small if the class of objects and the class of all arrows are sets.

$\alpha A \in \mathbb{D}(F A, G A)$  such that

$$G h \cdot \alpha A' = \alpha A'' \cdot F h, \quad (1)$$

for all arrows  $h \in \mathbb{C}(A', A'')$ . Given  $\alpha$  and  $h$ , there are essentially two ways of turning  $F A'$  things into  $G A''$  things. The coherence condition (1) demands that they are equivalent. We also write  $\alpha : \forall A . F A \rightarrow G A$  and furthermore  $\alpha : \forall A . F A \cong G A$ , if  $\alpha$  is a natural isomorphism. There is an identity transformation  $id_F : F \rightarrow F$  defined  $id_F A = id_{F A}$ . Natural transformations can be composed: if  $\alpha : F \rightarrow G$  and  $\beta : G \rightarrow H$ , then  $\beta \cdot \alpha : F \rightarrow H$  is defined  $(\beta \cdot \alpha) A = \beta A \cdot \alpha A$ . Thus, functors of type  $\mathbb{C} \rightarrow \mathbb{D}$  and natural transformations between them form a category, the functor category  $\mathbb{D}^{\mathbb{C}}$ . (Functor categories are exponentials in **Cat**, hence the notation.) We let  $\alpha, \beta$  etc range over natural transformations.

## 2 Constructions on categories

New categories from old.

Let  $\mathbb{C}$  be a category. The *opposite category*  $\mathbb{C}^{\text{op}}$  has the same objects as  $\mathbb{C}$ , arrows and composition, however, are flipped:  $f \in \mathbb{C}^{\text{op}}(A, B)$  if  $f \in \mathbb{C}(B, A)$ , and  $g \cdot f \in \mathbb{C}^{\text{op}}(A, C)$  if  $f \cdot g \in \mathbb{C}(C, A)$ . A functor of type  $\mathbb{C}^{\text{op}} \rightarrow \mathbb{D}$  or  $\mathbb{C} \rightarrow \mathbb{D}^{\text{op}}$  is sometimes called a *contravariant* functor from  $\mathbb{C}$  to  $\mathbb{D}$ , the usual kind being styled *covariant*. An incestuous example of a contravariant functor is  $\mathbb{C}(-, B) : \mathbb{C}^{\text{op}} \rightarrow \mathbf{Set}$ , whose action on arrows is given by  $\mathbb{C}(h, B) f = f \cdot h$ .<sup>2</sup> The functor  $\mathbb{C}(-, B)$  maps an object  $A$  to the *set* of arrows from  $A$  to a fixed  $B$ , and it takes an arrow  $h \in \mathbb{C}(A'', A')$  to a function  $\mathbb{C}(h, B) : \mathbb{C}(A', B) \rightarrow \mathbb{C}(A'', B)$ . Conversely,  $\mathbb{C}(A, -) : \mathbb{C} \rightarrow \mathbf{Set}$  is a covariant functor defined  $\mathbb{C}(A, k) f = k \cdot f$ .

Let  $\mathbb{C}_1$  and  $\mathbb{C}_2$  be a categories. An object of the *product category*  $\mathbb{C}_1 \times \mathbb{C}_2$  is a pair  $\langle A_1, A_2 \rangle$  of objects  $A_1 \in \mathbb{C}_1$  and  $A_2 \in \mathbb{C}_2$ ; an arrow of  $(\mathbb{C}_1 \times \mathbb{C}_2)(\langle A_1, A_2 \rangle, \langle B_1, B_2 \rangle)$  is a pair  $\langle f_1, f_2 \rangle$  of arrows  $f_1 \in \mathbb{C}_1(A_1, B_1)$  and  $f_2 \in \mathbb{C}_2(A_2, B_2)$ . Identity and composition are defined component-wise:

$$id = \langle id, id \rangle \quad \text{and} \quad \langle g_1, g_2 \rangle \cdot \langle f_1, f_2 \rangle = \langle g_1 \cdot f_1, g_2 \cdot f_2 \rangle.$$

The projection functors  $Outl : \mathbb{C}_1 \times \mathbb{C}_2 \rightarrow \mathbb{C}_1$  and  $Outr : \mathbb{C}_1 \times \mathbb{C}_2 \rightarrow \mathbb{C}_2$  are given by  $Outl \langle A_1, A_2 \rangle = A_1$ ,  $Outl \langle f_1, f_2 \rangle = f_1$  and  $Outr \langle A_1, A_2 \rangle = A_2$ ,  $Outr \langle f_1, f_2 \rangle = f_2$ . Product categories avoid the need for functors of several arguments. Functors from a product category are sometimes called *bifunctors*. An example is the *hom-functor*  $\mathbb{C}(-, =) : \mathbb{C}^{\text{op}} \times \mathbb{C} \rightarrow \mathbf{Set}$ , which maps a pair of objects to the set of arrows between them. Its action on arrows is given by  $\mathbb{C}(f, g) h = g \cdot h \cdot f$ . The diagonal functor  $\Delta : \mathbb{C} \rightarrow \mathbb{C} \times \mathbb{C}$  is an example of a functor into a product category: it duplicates its argument  $\Delta A = \langle A, A \rangle$  and  $\Delta f = \langle f, f \rangle$ .

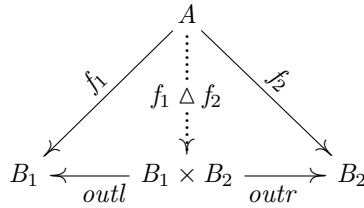
<sup>2</sup> Partial applications of mappings and operators are written using ‘categorical dummies’, where  $-$  marks the first and  $=$  the optional second argument.

### 3 Products and coproducts

Constructions in category theory are typically given using so-called universal properties. The paradigmatic example of this approach is the definition of products — in fact, this is also historically the first example. The *product* of two objects  $B_1$  and  $B_2$  consists of an object written  $B_1 \times B_2$  and a pair of arrows  $outl : B_1 \times B_2 \rightarrow B_1$  and  $outr : B_1 \times B_2 \rightarrow B_2$ . These three things have to satisfy the following *universal property*: for each object  $A$  and for each pair of arrows  $f_1 : A \rightarrow B_1$  and  $f_2 : A \rightarrow B_2$ , there exists an arrow  $f_1 \Delta f_2 : A \rightarrow B_1 \times B_2$  (pronounced “split”) such that

$$f_1 = outl \cdot g \quad \wedge \quad f_2 = outr \cdot g \quad \iff \quad f_1 \Delta f_2 = g, \tag{2}$$

for all  $g : A \rightarrow B_1 \times B_2$ . The property states the existence of the arrow  $f_1 \Delta f_2$  and furthermore that it is the *unique* arrow satisfying the property on the left. (It is also called the *mediating arrow*). The following diagram summarises the type information.



This is an example of a commuting diagram: all paths from the same source to the same target lead to the same result by composition. The dotted arrow indicates that  $f_1 \Delta f_2$  is the unique arrow from  $A$  to  $B_1 \times B_2$  that makes the diagram commute.

A universal property such as (2) has two immediate consequences that are worth singling out. If we substitute the right-hand side into the left-hand side, we obtain the *computation laws* (also known as  $\beta$ -rules):

$$f_1 = outl \cdot (f_1 \Delta f_2); \tag{3}$$

$$f_2 = outr \cdot (f_1 \Delta f_2). \tag{4}$$

They can be seen as defining equations for the arrow  $f \Delta g$ .

Instantiating  $g$  in (2) to the identity  $id_{A \times B}$  and substituting into the right-hand side, we obtain the *reflection law* (also known as the simple  $\eta$ -rule):

$$outl \Delta outr = id_{A \times B}. \tag{5}$$

The universal property enjoys two further consequences, which we shall later identify as naturality properties. The first consequence is the *fusion law* that allows us to fuse a split with an arrow to form another split:

$$(f_1 \Delta f_2) \cdot h = f_1 \cdot h \Delta f_2 \cdot h, \tag{6}$$

for all  $h : A' \rightarrow A''$ . The law states that  $\Delta$  is natural in  $A$ . For the proof we reason

$$\begin{aligned}
& f_1 \cdot h \Delta f_2 \cdot h = (f_1 \Delta f_2) \cdot h \\
\iff & \{ \text{universal property (2)} \} \\
& f_1 \cdot h = \text{outl} \cdot (f_1 \Delta f_2) \cdot h \quad \wedge \quad f_2 \cdot h = \text{outr} \cdot (f_1 \Delta f_2) \cdot h \\
\iff & \{ \text{computation (3) and (4)} \} \\
& f_1 \cdot h = f_1 \cdot h \quad \wedge \quad f_2 \cdot h = f_2 \cdot h
\end{aligned}$$

The definition of products is also parametric in  $B_1$  and  $B_2$  — note that both objects are totally passive in the description above. We capture this property by turning  $\times$  into a functor of type  $\mathbb{C} \times \mathbb{C} \rightarrow \mathbb{C}$  (to define products in  $\mathbb{C}$  we need products in  $\mathbf{Cat}$ , to define products in  $\mathbf{Cat}$  we need products in  $\dots$ ). The action of  $\times$  on arrows is defined

$$f_1 \times f_2 = f_1 \cdot \text{outl} \Delta f_2 \cdot \text{outr}. \quad (7)$$

We postpone the proof that  $\times$  preserves identity and composition.

The *functor fusion law* states that we can fuse a map after a split to form another split:

$$(k_1 \times k_2) \cdot (f_1 \Delta f_2) = k_1 \cdot f_1 \Delta k_2 \cdot f_2, \quad (8)$$

for all  $k_1 : B'_1 \rightarrow B''_1$  and  $k_2 : B'_2 \rightarrow B''_2$ . It formalises that  $\Delta$  is natural in  $B_1$  and  $B_2$ . The proof of (8) builds on fusion and computation.

$$\begin{aligned}
& (k_1 \times k_2) \cdot (f_1 \Delta f_2) \\
= & \{ \text{definition of } \times \text{ (7)} \} \\
& (k_1 \cdot \text{outl} \Delta k_2 \cdot \text{outr}) \cdot (f_1 \Delta f_2) \\
= & \{ \text{fusion (6)} \} \\
& k_1 \cdot \text{outl} \cdot (f_1 \Delta f_2) \Delta k_2 \cdot \text{outr} \cdot (f_1 \Delta f_2) \\
= & \{ \text{computation (3) and (4)} \} \\
& k_1 \cdot f_1 \Delta k_2 \cdot f_2
\end{aligned}$$

Given these prerequisites, it is straightforward to show that  $\times$  preserves identity

$$\begin{aligned}
& id_A \times id_B \\
= & \{ \text{definition of } \times \text{ (7)} \} \\
& id_A \cdot \text{outl} \Delta id_B \cdot \text{outr} \\
= & \{ \text{identity and reflection (5)} \} \\
& id_{A \times B}
\end{aligned}$$

and composition

$$(g_1 \times g_2) \cdot (f_1 \times f_2)$$

$$\begin{aligned}
 &= \{ \text{definition of } \times \text{ (7)} \} \\
 &\quad (g_1 \times g_2) \cdot (f_1 \cdot \text{outl} \Delta f_2 \cdot \text{outr}) \\
 &= \{ \text{functor fusion (8)} \} \\
 &\quad g_1 \cdot f_1 \cdot \text{outl} \Delta g_2 \cdot f_2 \cdot \text{outr} \\
 &= \{ \text{definition of } \times \text{ (7)} \} \\
 &\quad g_1 \cdot f_1 \times g_2 \cdot f_2.
 \end{aligned}$$

The projection arrows, *outl* and *outr* are natural transformations, as well.

$$k_1 \cdot \text{outl} = \text{outl} \cdot (k_1 \times k_2); \quad (9)$$

$$k_2 \cdot \text{outr} = \text{outr} \cdot (k_1 \times k_2). \quad (10)$$

This is a direct consequence of the computation laws.

$$\begin{aligned}
 &\quad \text{outl} \cdot (k_1 \times k_2) \\
 &= \{ \text{definition of } \times \text{ (7)} \} \\
 &\quad \text{outl} \cdot (k_1 \cdot \text{outl} \Delta k_2 \cdot \text{outr}) \\
 &= \{ \text{computation (3)} \} \\
 &\quad k_1 \cdot \text{outl}
 \end{aligned}$$

The naturality of  $\Delta$  can be captured precisely using product categories and hom-functors.

$$(\Delta) : \forall A B . (\mathbb{C} \times \mathbb{C})(\Delta A, B) \rightarrow \mathbb{C}(A, \times B)$$

Split takes a pair of arrows as an argument and delivers an arrow to a product ( $B$  is an object in a product category). The fusion law captures naturality in  $A$ ,

$$\mathbb{C}(h, \times B) \cdot (\Delta) = (\Delta) \cdot (\mathbb{C} \times \mathbb{C})(\Delta h, B),$$

and the functor fusion law naturality in  $B$ ,

$$\mathbb{C}(A, \times k) \cdot (\Delta) = (\Delta) \cdot (\mathbb{C} \times \mathbb{C})(\Delta A, k).$$

(A transformation between bifunctors is natural if and only if it is natural in both arguments separately.)

The naturality of *outl* and *outr* can be captured using the projection functors *Outl* and *Outr*.

$$\text{outl} : \forall B . \mathbb{C}(\times B, \text{Outl } B);$$

$$\text{outr} : \forall B . \mathbb{C}(\times B, \text{Outr } B).$$

The naturality conditions are

$$\text{Outl } k \cdot \text{outl} = \text{outl} \cdot \times k,$$

$$\text{Outr } k \cdot \text{outr} = \text{outr} \cdot \times k.$$

The import of all this is that  $\times$  is right adjoint to the diagonal functor  $\Delta$ , see Sec. 6.

The construction of products nicely dualises to coproducts, which are products in the opposite category. The *coproduct* of two objects  $A_1$  and  $A_2$  consists of an object written  $A_1 + A_2$  and a pair of arrows  $inl : A_1 \rightarrow A_1 + A_2$  and  $inr : A_2 \rightarrow A_1 + A_2$ . These three things have to satisfy the following *universal property*: for each object  $B$  and for each pair of arrows  $g_1 : A_1 \rightarrow B$  and  $g_2 : A_2 \rightarrow B$ , there exists an arrow  $g_1 \nabla g_2 : A_1 + A_2 \rightarrow B$  (pronounced “join”) such that

$$f = g_1 \nabla g_2 \iff f \cdot inl = g_1 \quad \wedge \quad f \cdot inr = g_2, \quad (11)$$

for all  $f : A_1 + A_2 \rightarrow B$ .

$$\begin{array}{ccccc}
 A_1 & \xrightarrow{inl} & A_1 + A_2 & \xleftarrow{inr} & A_2 \\
 & \searrow g_1 & \vdots g_1 \nabla g_2 & \swarrow g_2 & \\
 & & B & & 
 \end{array}$$

Like for products, the universal property implies computation, reflection, fusion and functor fusion laws. *Computation law*:

$$(g_1 \nabla g_2) \cdot inl = g_1; \quad (12)$$

$$(g_1 \nabla g_2) \cdot inr = g_2. \quad (13)$$

*Reflection law*:

$$id_{A+B} = inl \nabla inr. \quad (14)$$

*Fusion law*:

$$k \cdot (g_1 \nabla g_2) = k \cdot g_1 \nabla k \cdot g_2. \quad (15)$$

The arrow part of the coproduct functor is defined

$$g_1 + g_2 = inl \cdot g_1 \nabla inr \cdot g_2. \quad (16)$$

*Functor fusion law*:

$$(g_1 \nabla g_2) \cdot (h_1 + h_2) = g_1 \cdot h_1 \nabla g_2 \cdot h_2. \quad (17)$$

The two fusion laws identify  $\nabla$  as a natural transformation:

$$(\nabla) : \forall A B . \mathbb{C}(+A, B) \rightarrow (\mathbb{C} \times \mathbb{C})(A, \Delta B).$$

Finally, the injection arrows are natural transformations, as well.

$$(h_1 + h_2) \cdot inl = inl \cdot h_1 \quad (18)$$

$$(h_1 + h_2) \cdot inr = inr \cdot h_2 \quad (19)$$

The import of all this is that  $+$  is left adjoint to the diagonal functor  $\Delta$ .

## 4 Initial and final objects

An object is called initial if for each object  $B \in \mathbb{C}$  there is exactly one arrow from the initial object to  $B$ . Any two initial objects are isomorphic, which is why we usually speak of *the* initial object. It is denoted  $0$ , and the unique arrow from  $0$  to  $B$  is written  $\mathfrak{i}_B$  (pronounce “gnab”).

$$0 \dashrightarrow^{\mathfrak{i}_B} B$$

The uniqueness can also be expressed as a *universal property*:

$$f = \mathfrak{i}_B \iff \text{true},$$

for all  $f : 0 \rightarrow B$ . Instantiating  $f$  to the identity  $id_0$ , we obtain the *reflection law*:  $id_0 = \mathfrak{i}_0$ . An arrow after a gnab can be fused into a single gnab.

$$k \cdot \mathfrak{i}_{B'} = \mathfrak{i}_{B''},$$

for all  $k : B' \rightarrow B''$ . The *fusion law* expresses that  $\mathfrak{i}_B$  is natural in  $B$ .

Dually,  $1$  is a final object if for each object  $A \in \mathbb{C}$  there is a unique arrow from  $A$  to  $1$ , denoted  $\mathfrak{!}_A$  (pronounce “bang”).

$$A \dashrightarrow^{\mathfrak{!}_A} 1$$

## 5 Initial algebras and final coalgebras

Let  $F : \mathbb{C} \rightarrow \mathbb{C}$  be an endofunctor. An *F-algebra* is a pair  $\langle A, a \rangle$  consisting of an object  $A \in \mathbb{C}$  and an arrow  $a \in \mathbb{C}(F A, A)$ . An *F-homomorphism* between algebras  $\langle A, a \rangle$  and  $\langle B, b \rangle$  is an arrow  $h \in \mathbb{C}(A, B)$  such that  $h \cdot a = b \cdot F h$ .

$$\begin{array}{ccccc}
 & & F A & \xrightarrow{F h} & F B & & \\
 & & \downarrow a & & \downarrow b & & \\
 F A & & & & & & F B \\
 \downarrow a & & & & & & \downarrow b \\
 A & & A & \xrightarrow{h} & B & & B
 \end{array}$$

Identity is an *F-homomorphism* and *F-homomorphisms* compose. Consequently, the data defines a category, called  $\mathbf{Alg}(F)$ . The initial object in this category — if it exists — is the so-called *initial F-algebra*  $\langle \mu F, in \rangle$ . The import of initiality is that there is a unique arrow from  $\langle \mu F, in \rangle$  to any other *F-algebra*  $\langle B, b \rangle$ . This unique arrow is written  $\langle b \rangle$  and is called *fold* or *catamorphism*. Expressed in terms of the base category, it satisfies the following *universal property*.

$$f = \langle b \rangle \iff f \cdot in = b \cdot F f \tag{20}$$

Like for products, the universal property has two immediate consequences. Substituting the left-hand side into the right-hand side gives the *computation law*:

$$\langle b \rangle \cdot in = b \cdot F \langle b \rangle. \quad (21)$$

Setting  $f := id$  and  $b := in$ , we obtain the *reflection law*:

$$id = \langle in \rangle. \quad (22)$$

Since the initial algebra is an initial object, we also have a *fusion law* for fusing an arrow with a fold to form another fold.

$$k \cdot \langle b' \rangle = \langle b'' \rangle \iff k \cdot b' = b'' \cdot F k \quad (23)$$

The proof is trivial if phrased in terms of the category  $\mathbf{Alg}(F)$ . However, we can also execute the proof in the underlying category  $\mathbb{C}$ .

$$\begin{aligned} & k \cdot \langle b' \rangle = \langle b'' \rangle \\ \iff & \{ \text{universal property (20)} \} \\ & k \cdot \langle b' \rangle \cdot in = b'' \cdot F (k \cdot \langle b' \rangle) \\ \iff & \{ \text{computation (21)} \} \\ & k \cdot b' \cdot F \langle b' \rangle = b'' \cdot F (k \cdot \langle b' \rangle) \\ \iff & \{ F \text{ functor} \} \\ & k \cdot b' \cdot F \langle b' \rangle = b'' \cdot F k \cdot F \langle b' \rangle \\ \iff & \{ \text{cancel } - \cdot F \langle b' \rangle \text{ on both sides} \} \\ & k \cdot b' = b'' \cdot F k. \end{aligned}$$

The fusion law states that  $\langle - \rangle$  is natural in  $\langle B, b \rangle$ , that is, as an arrow in  $\mathbf{Alg}(F)$ . This does *not* imply naturality in the underlying category  $\mathbb{C}$  (as an arrow in  $\mathbb{C}$  it is a strong dinatural transformation).

Using these laws we can show that  $\mu F$  is indeed a *fixed point* of the functor:  $F(\mu F) \cong \mu F$ . The isomorphism is witnessed by the arrows  $in \in \mathbb{C}(F(\mu F), \mu F)$  and  $\langle F in \rangle \in \mathbb{C}(\mu F, F(\mu F))$ . We calculate

$$\begin{aligned} & in \cdot \langle F in \rangle = id \\ \iff & \{ \text{reflection} \} \\ & in \cdot \langle F in \rangle = \langle in \rangle \\ \iff & \{ \text{fusion (23)} \} \\ & in \cdot F in = in \cdot F in \end{aligned}$$

For the reverse direction, we reason

$$\begin{aligned} & \langle F in \rangle \cdot in \\ = & \{ \text{computation} \} \\ & F in \cdot F \langle F in \rangle \end{aligned}$$



$$\begin{aligned}
 &= \{ F \text{ functor} \} \\
 &\quad F (in \cdot \langle F in \rangle) \\
 &= \{ \text{see proof above} \} \\
 &\quad F id \\
 &= \{ F \text{ functor} \} \\
 &\quad id.
 \end{aligned}$$

Perhaps surprisingly, folds also enjoy a functor fusion law. To be able to formulate the law, we have to turn  $\mu$  into a higher-order functor of type  $\mathbb{C}^{\mathbb{C}} \rightarrow \mathbb{C}$ . The object part of this functor maps a functor to its initial algebra. The arrow part, which maps a natural transformation  $\alpha : F \rightarrow G$  to an arrow  $\mu\alpha \in \mathbb{C}(\mu F, \mu G)$ , is given by

$$\mu\alpha = \langle in \cdot \alpha \rangle. \tag{24}$$

(To reduce clutter we have omitted the type argument of  $\alpha$  on the right-hand side, which should read  $\langle in \cdot \alpha(\mu G) \rangle$ ). Like for products, we postpone the proof that  $\mu$  preserves identity and composition.

The *functor fusion law* states that we can fuse a fold after a map to form another fold:

$$\langle b \cdot \alpha \rangle = \langle b \rangle \cdot \mu\alpha, \tag{25}$$

for all  $\alpha : F' \rightarrow F''$ . To establish functor fusion we reason

$$\begin{aligned}
 &\langle b \rangle \cdot \mu\alpha = \langle b \cdot \alpha \rangle \\
 \iff &\{ \text{definition of } \mu \text{ (24)} \} \\
 &\langle b \rangle \cdot \langle in \cdot \alpha \rangle = \langle b \cdot \alpha \rangle \\
 \iff &\{ \text{fusion (23)} \} \\
 &\langle b \rangle \cdot in \cdot \alpha = b \cdot \alpha \cdot F' \langle b \rangle \\
 \iff &\{ \text{computation (21)} \} \\
 &b \cdot F'' \langle b \rangle \cdot \alpha = b \cdot \alpha \cdot F' \langle b \rangle \\
 \iff &\{ \text{naturality of } \alpha \} \\
 &b \cdot \alpha \cdot F' \langle b \rangle = b \cdot \alpha \cdot F' \langle b \rangle.
 \end{aligned}$$

Given these prerequisites, it is straightforward to show that  $\mu$  preserves identity

$$\begin{aligned}
 &\mu id \\
 &= \{ \text{definition of } \mu \text{ (24)} \} \\
 &\quad \langle in \cdot id \rangle \\
 &= \{ \text{identity and reflection (22)} \} \\
 &\quad id
 \end{aligned}$$

and composition

$$\begin{aligned}
& \mu\beta \cdot \mu\omega \\
= & \{ \text{definition of } \mu \text{ (24)} \} \\
& (\text{in} \cdot \beta) \cdot \mu\omega \\
= & \{ \text{functor fusion (25)} \} \\
& (\text{in} \cdot \beta \cdot \omega) \\
= & \{ \text{definition of } \mu \text{ (24)} \} \\
& \mu(\beta \cdot \omega).
\end{aligned}$$

To summarise, functor fusion expresses that  $(-)$  is natural in  $F$ :

$$(-) : \forall F . \mathbb{C}(F B, B) \rightarrow \mathbb{C}(\mu F, B).$$

The arrow  $\text{in} : F(\mu F) \rightarrow \mu F$  is natural in  $F$ , as well. The arrow part of the higher-order functor  $\Lambda F . F(\mu F)$  is  $\lambda \omega . F''(\mu\omega) \cdot \omega = \lambda \omega . \omega \cdot F'(\mu\omega)$ .

$$\mu\omega \cdot \text{in} = \text{in} \cdot \omega \cdot F(\mu\omega) \tag{26}$$

We reason

$$\begin{aligned}
& \mu\omega \cdot \text{in} \\
= & \{ \text{definition of } \mu \text{ (24)} \} \\
& (\text{in} \cdot \omega) \cdot \text{in} \\
= & \{ \text{computation (21)} \} \\
& \text{in} \cdot \omega \cdot F(\text{in} \cdot \omega) \\
= & \{ \text{definition of } \mu \text{ (24)} \} \\
& \text{in} \cdot \omega \cdot F(\mu\omega).
\end{aligned}$$

The development nicely dualises to  $F$ -coalgebras and *unfolds*. An  $F$ -coalgebra is a pair  $\langle A, a \rangle$  consisting of an object  $A \in \mathbb{C}$  and an arrow  $a \in \mathbb{C}(A, F A)$ . An  $F$ -homomorphism between coalgebras  $\langle A, a \rangle$  and  $\langle B, b \rangle$  is an arrow  $h \in \mathbb{C}(A, B)$  such that  $F h \cdot a = b \cdot h$ . Identity is an  $F$ -homomorphism and  $F$ -homomorphisms compose. Consequently, the data defines a category, called **Coalg**( $F$ ). The final object in this category — if it exists — is the so-called *final  $F$ -coalgebra*  $\langle \nu F, \text{out} \rangle$ . The import of finality is that there is a unique arrow to  $\langle \nu F, \text{out} \rangle$  from any other  $F$ -coalgebra  $\langle A, a \rangle$ . This unique arrow is written  $[a]$  and is called *unfold* or *anamorphism*. Expressed in terms of the base category, it satisfies the following *universal property*.

$$F g \cdot a = \text{out} \cdot g \iff [a] = g \tag{27}$$

Like for initial algebras, the universal property implies computation, reflection, fusion and functor fusion laws. *Computation law*:

$$F [a] \cdot a = \text{out} \cdot [a]. \tag{28}$$

*Reflection law:*

$$[out] = id. \tag{29}$$

*Fusion law:*

$$[a'] = [a''] \cdot h \iff F h \cdot a = a'' \cdot h. \tag{30}$$

The object part of the functor  $\nu$  is defined

$$\nu \alpha = [\alpha \cdot out]. \tag{31}$$

*Functor fusion law:*

$$\nu \alpha \cdot [a] = [\alpha \cdot a] \tag{32}$$

Finally,  $out$  is a natural transformation.

$$\alpha \cdot F(\nu \alpha) \cdot out = out \cdot \nu \alpha$$

## 6 Adjunctions

We have noted in Sec. 3 that products and coproducts are part of an adjunction. In this section, we explore the notion of an adjunction in greater depth.

Let  $\mathbb{C}$  and  $\mathbb{D}$  be categories. The functors  $L$  and  $R$  are *adjoint*, denoted  $L \dashv R$ ,

$$\begin{array}{ccc} & L & \\ \mathbb{C} & \xleftarrow{\quad} & \mathbb{D} \\ & \perp & \\ & R & \xrightarrow{\quad} \end{array}$$

if and only if there is a bijection

$$\phi : \forall A B . \mathbb{C}(L A, B) \cong \mathbb{D}(A, R B),$$

that is natural both in  $A$  and  $B$ . The isomorphism  $\phi$  is called the *adjoint transposition*. It is also called the *left adjunct* with  $\phi^\circ$  being the *right adjunct*. That  $\phi$  and  $\phi^\circ$  are mutually inverse, can be captured using an equivalence.

$$f = \phi^\circ g \iff \phi f = g \tag{33}$$

(The left-hand side lives in  $\mathbb{C}$ , and the right-hand side in  $\mathbb{D}$ .) The formula is reminiscent of the universal property of products. That the latter indeed defines an adjunction can be seen more clearly if we re-formulate (2) in terms of the categories involved.

$$f = \langle outl, outr \rangle \cdot \Delta g \iff \Delta f = g$$

The right part of the diagram below explicates the categories involved.

$$\begin{array}{ccccc} & + & & \Delta & \\ \mathbb{C} & \xleftarrow{\quad} & \mathbb{C} \times \mathbb{C} & \xleftarrow{\quad} & \mathbb{C} \\ & \perp & & \perp & \\ & \Delta & & \times & \xrightarrow{\quad} \end{array}$$

We actually have a double adjunction with  $+$  being left adjoint to  $\Delta$ . Rewritten in terms of product categories, the universal property of coproducts (11) becomes

$$f = \nabla g \iff \Delta f \cdot \langle inl, inr \rangle = g.$$

Initial objects and final objects also define (a rather trivial adjunction) between the category  $\mathbf{1}$  and  $\mathbb{C}$ .

$$\begin{array}{ccc} \mathbb{C} & \xleftarrow{0} & \mathbf{1} & \xleftarrow{\Delta} & \mathbb{C} \\ & \perp & & \perp & \\ & \Delta & & 1 & \end{array}$$

The category  $\mathbf{1}$  consists of a single object  $*$  and a single arrow  $id_*$ . The diagonal functor is now defined  $\Delta A = *$  and  $\Delta f = id_*$ . The objects 0 and 1 are seen as constant functors from  $\mathbf{1}$ . (An object  $A \in \mathbb{C}$  seen as a functor  $A : \mathbf{1} \rightarrow \mathbb{C}$  maps  $*$  to  $A$  and  $id_*$  to  $id_A$ .)

$$f = i_B \cdot 0 g \iff \Delta f \cdot id_* = g \quad (34)$$

$$f = id_* \cdot \Delta g \iff 1 f \cdot !_A = g \quad (35)$$

The universal properties are a bit degenerated as the right-hand side of (34) and the left-hand side of (35) is vacuously true.

An adjunction can be defined in a variety of ways. An alternative approach makes use of two natural transformations: the *counit*  $\epsilon : L \circ R \rightarrow Id$  and the *unit*  $\eta : Id \rightarrow R \circ L$ . For products, the counit is the pair of arrows  $\langle outl, outr \rangle$  and the unit is the diagonal arrow  $\delta = id \Delta id$ . The units must satisfy

$$(\epsilon \circ L) \cdot (L \circ \eta) = id_L \quad \text{and} \quad (R \circ \epsilon) \cdot (\eta \circ R) = id_R,$$

where  $\circ$  denotes (horizontal) composition of a natural transformation with a functor:  $(F \circ \varphi) A = F(\varphi A)$  and  $(\varphi \circ F) A = \varphi(F A)$ . It is useful to explicate the typing information.

$$\begin{array}{ccc} L & \xrightarrow{L \circ \eta} & L \circ R \circ L \\ & \searrow id_L & \downarrow \epsilon \circ L \\ & & L \end{array} \quad \begin{array}{ccc} R & \xrightarrow{\eta \circ R} & R \circ L \circ R \\ & \searrow id_R & \downarrow R \circ \epsilon \\ & & R \end{array}$$

You may want to think of  $L$  and  $R$  as closure operations. The unit laws express that going left-right-left is the same as going left once and likewise for going right.

All in all, an adjunction consists of six entities: two functors, two adjuncts, and two units. Every single of those can be defined in terms of the others:

$$\begin{array}{lll} \phi^\circ g = \epsilon \cdot L g & \epsilon = \phi^\circ id & L g = \phi^\circ (\eta \cdot g) \\ \phi f = R f \cdot \eta & \eta = \phi id & R f = \phi (f \cdot \epsilon). \end{array}$$

In terms of programming language concepts, adjoints correspond to introduction and elimination rules ( $\Delta$  introduces a pair,  $\nabla$  eliminates a sum). The units can be seen as simple variants of these rules ( $\langle outl, outr \rangle$  eliminates a pair and  $\langle inl, inr \rangle$  introduces a sum). When we discussed products, we derived a variety of laws from the universal property. Table 1 re-formulates these laws using the new vocabulary. For instance, from the perspective of the right adjoint  $f = \phi^\circ(\phi f)$  corresponds to a computation law or  $\beta$ -rule, viewed from the left it is an  $\eta$ -rule.<sup>3</sup> The table merits careful study. Table 2 lists some examples of

**Table 1.** Adjunctions and laws (view from the left / right).

$\phi^\circ$ introduction / elimination $\phi^\circ : \mathbb{D}(A, \mathbb{R}B) \rightarrow \mathbb{C}(\mathbb{L}A, B)$	$\phi$ elimination / introduction $\phi : \mathbb{C}(\mathbb{L}A, B) \rightarrow \mathbb{D}(A, \mathbb{R}B)$
<i>Universal property</i> $f = \phi^\circ g \iff \phi f = g$	
$\epsilon \in \mathbb{C}(\mathbb{L}(\mathbb{R}B), B)$ $\epsilon = \phi^\circ id$	$\eta \in \mathbb{D}(A, \mathbb{R}(\mathbb{L}A))$ $\phi id = \eta$
— / computation law $\eta$ -rule / $\beta$ -rule $f = \phi^\circ(\phi f)$	computation law / — $\beta$ -rule / $\eta$ -rule $\phi(\phi^\circ g) = g$
reflection law / — simple $\eta$ -rule / simple $\beta$ -rule $id = \phi^\circ \eta$	— / reflection law simple $\beta$ -rule / simple $\eta$ -rule $\phi \epsilon = id$
functor fusion law / — $\phi^\circ$ is natural in $A$ $\phi^\circ g \cdot \mathbb{L}h = \phi^\circ(g \cdot h)$	— / fusion law $\phi$ is natural in $A$ $\phi f \cdot h = \phi(f \cdot \mathbb{L}h)$
fusion law / — $\phi^\circ$ is natural in $B$ $k \cdot \phi^\circ g = \phi^\circ(\mathbb{R}k \cdot g)$	— / functor fusion law $\phi$ is natural in $B$ $\mathbb{R}k \cdot \phi f = \phi(k \cdot f)$
$\epsilon$ is natural in $B$ $k \cdot \epsilon = \epsilon \cdot \mathbb{L}(\mathbb{R}k)$	$\eta$ is natural in $A$ $\mathbb{R}(\mathbb{L}h) \cdot \eta = \eta \cdot h$

adjunctions.

Since the components of an adjunction are inter-definable, an adjunction can be specified by providing only part of the data. Surprisingly little is needed: for products only the functor  $\mathbb{L}$  and the counit  $\epsilon$  were given, the other ingredients were derived from those. In the rest of this section, we replay the derivation in terms of adjunctions. Let  $\mathbb{L} : \mathbb{D} \rightarrow \mathbb{C}$  be a functor, and let  $\epsilon \in \mathbb{C}(\mathbb{L}(\mathbb{R}B), B)$  be a *universal arrow*. Universality means that for each  $f \in \mathbb{C}(\mathbb{L}A, B)$  there exists an

<sup>3</sup> It is a coincidence that the same Greek letter is used both for extensionality ( $\eta$ -rule) and for the unit of an adjunction.

**Table 2.** Examples of adjunctions.

adjunction	initial object	final object	coproduct	product	exponential
$\mathbf{L}$	$0$	$\Delta$	$+$	$\Delta$	$- \times X$
$\mathbf{R}$	$\Delta$	$1$	$\Delta$	$\times$	$(-)^X$
$\phi^\circ$			$\nabla$		<i>uncurry</i>
$\phi$				$\Delta$	$\lambda$
$\epsilon$	$i$			$\langle outl, outr \rangle$	<i>apply</i>
$\eta$		$!$	$\langle inl, inr \rangle$		

arrow  $\phi f \in \mathbb{D}(A, \mathbf{R} B)$  such that

$$f = \epsilon \cdot \mathbf{L} g \iff \phi f = g, \quad (36)$$

for all  $g \in \mathbb{D}(A, \mathbf{R} B)$ . The formula suggests that  $\epsilon \cdot \mathbf{L} g = \phi^\circ g$ . *Computation law:* substituting the right-hand side into the left-hand side, we obtain

$$f = \epsilon \cdot \mathbf{L} (\phi f). \quad (37)$$

*Reflection law:* setting  $f := \epsilon$  and  $g := id$ , yields

$$\phi \epsilon = id. \quad (38)$$

*Fusion law:* to establish

$$\phi (f \cdot \mathbf{L} h) = \phi f \cdot h, \quad (39)$$

we appeal to the universal property:

$$f \cdot \mathbf{L} h = \epsilon \cdot \mathbf{L} (\phi f \cdot h) \iff \phi (f \cdot \mathbf{L} h) = \phi f \cdot h.$$

To show the left-hand side, we calculate

$$\begin{aligned} & \epsilon \cdot \mathbf{L} (\phi f \cdot h) \\ = & \{ \mathbf{L} \text{ functor} \} \\ & \epsilon \cdot \mathbf{L} (\phi f) \cdot \mathbf{L} h \\ = & \{ \text{computation (37)} \} \\ & f \cdot \mathbf{L} h. \end{aligned}$$

The type constructor  $\mathbf{R}$  can be turned into a functor whose action on arrows is defined  $\mathbf{R} f = \phi (f \cdot \epsilon)$ . (The definition is suggested by combining reflection and functor fusion:  $\mathbf{R} f = \mathbf{R} f \cdot \phi \epsilon = \phi (f \cdot \epsilon)$ .) *Functor fusion law:*

$$\mathbf{R} k \cdot \phi f = \phi (k \cdot f). \quad (40)$$

For the proof, we reason

$$\begin{aligned}
& \mathbf{R} k \cdot \phi f \\
= & \{ \text{definition of } \mathbf{R} \} \\
& \phi(k \cdot \epsilon) \cdot \phi f \\
= & \{ \text{fusion (39)} \} \\
& \phi(k \cdot \epsilon \cdot \mathbf{L}(\phi f)) \\
= & \{ \text{computation (37)} \} \\
& \phi(k \cdot f).
\end{aligned}$$

*Functoriality:*  $\mathbf{R}$  preserves identity

$$\begin{aligned}
& \mathbf{R} id \\
= & \{ \text{definition of } \mathbf{R} \} \\
& \phi(id \cdot \epsilon) \\
= & \{ \text{identity and reflection (38)} \} \\
& id
\end{aligned}$$

and composition

$$\begin{aligned}
& \mathbf{R} g \cdot \mathbf{R} f \\
= & \{ \text{definition of } \mathbf{R} \} \\
& \mathbf{R} g \cdot \phi(f \cdot \epsilon) \\
= & \{ \text{functor fusion (40)} \} \\
& \phi(g \cdot f \cdot \epsilon) \\
= & \{ \text{definition of } \mathbf{R} \} \\
& \mathbf{R}(g \cdot f).
\end{aligned}$$

Fusion and functor fusion show that  $\phi$  is natural both in  $A$  and in  $B$ . Finally, the counit  $\epsilon$  is natural in  $B$ .

$$\begin{aligned}
& \epsilon \cdot \mathbf{L}(\mathbf{R} k) \\
= & \{ \text{definition of } \mathbf{R} \} \\
& \epsilon \cdot \mathbf{L}(\phi(k \cdot \epsilon)) \\
= & \{ \text{computation (37)} \} \\
& k \cdot \epsilon
\end{aligned}$$

Dually, a functor  $\mathbf{R}$  and a universal arrow  $\eta \in \mathbb{C}(A, \mathbf{R}(\mathbf{L} A))$  are sufficient.

$$f = \phi^\circ g \iff \mathbf{R} f \cdot \eta = g.$$

Define  $\phi f = \mathbf{R} f \cdot \eta$  and  $\mathbf{L} g = \phi^\circ(\eta \cdot g)$ .